



8 TRENDS THAT DOMINATED THE LOCAL FOOD SCENE IN 2020

With the kind of year that 2020 was, it's no surprise that foodie trends this year screamed “comfort food”.



By: Riffat Rashid

After all, most of them originated from our own homes instead of high-end restaurants or new eateries; the world changed, our eating habits definitely couldn't remain the same. Here are 8 grub trends we witnessed, participated in and maybe even sighed at a few from a quiet distance:

TREND 1: BANANA BREAD

The fact that people chose banana breads to seek comfort in is quite shocking because you know, bananas are not mangoes. People seem to be quite divided on the appeal of the fruit itself and yet, every “quarantine chef” turned to making banana



bread - with as many flavour combinations as possible.

Even I tried my hand at it and came up with a recipe for peanut butter banana bread that I might not ever look at again, but yes, it exists.

Would you like to know some of our favourite places that made a really good banana bread? Sugar Drizzle and a home-based business called That Banana Bread definitely stuck out.

TREND 2: DALGONA COFFEE

If you look up the origin of a dalgona coffee, it might take you to a map of South Korea and yet we know that we've been making our